



<http://selfempowermentacademy.com.au/ourselves/>



Feeding us all, respecting our earth - enjoying health, happiness and harmony personally and now also globally. Minimizing Global Hunger & Global Warming - The Prana Program Project:- To fulfill our "Loving Life! Happy to be here! All is well with all!" goal, we need to take care of global health and hunger issues in ways that benefit our environment. According to our Indigenous friends one cycle of being is ending and another is beginning, which requires a more effective use of our global resources. While some in our world are developing alternate free energy systems and others are implementing green ecology; Peace Ambassador Jasmuheen offers her indepth research with the Prana Program to add another layer to it all.

- The Prana Program deals directly with minimizing global hunger, and improving global health, by understanding the various resources that we have at our disposal and how to use these resources more efficiently – including our internal resource of prana.
- The Prana Program eradicates health and hunger issues via increasing our personal chi flow so that our physical, emotional, mental and spiritual hungers are satiated.
- The Prana Program is also focused on the expansion of consciousness so that global resources can be utilized more effectively without damaging our environment. We can also reduce our carbon footprints by minimizing our dependence on the world's food resources.
- Global warming would also reduce if we became a vegetarian planet. Video on vegetarianism [click here](#); plus Jasmuheen on [Global resources](#).

Facts:- The same amount of people die each year from obesity related health issues as people who die from lack of nourishment and food. Every 2 seconds a child dies of hunger related diseases. With the right support The Prana Program can minimize this. Regarding health and hunger challenges in Third World countries, research shares that today we have enough resources to feed everyone easily on our planet – we just need more effective distribution systems plus a global awareness, and use, of our limitless internal resource - prana. [Watch this short video](#) to understand what pranic living is really about plus Jasmuheen's background with [Living on Prana](#) as a food source.

To read:-

- The [Global Harmonization Program](#); [Everyone is hungry for something](#); [What is Prana?](#); plus the complete [Prana Program](#) manual. (PDF's)
- In the [free e-book Ambassadors of Light](#) we look at the human resource factor; Education in the new millennium; Tithing and aid organizations; The benefits of the dissolution of prohibition; The benefits of global disarmament; The forgiveness of Third World debt and Raising money for social welfare programs.

- Also - "The Prana Program - Effective & Enjoyable Evolution" - Everything you need to know about prana. Alternate Energy for the New Millennium, including a Program for eliminating hunger in Third World countries. Can we eliminate all health and hunger challenges on our planet? Is there a way of satiating everyone's physical, emotional, mental and spiritual hungers and do it in a way that creates peace and harmony in our world? After over a decade of experiential research in the field of alternate nourishment utilizing chi or prana – also known as cosmic particles – Jasmuheen as leading researcher in this field, now puts forth a program to do just that. Specializing in Third World countries, THE PRANA PROGRAM book is an encyclopaedia of 'everything you always wanted to know about prana and more'. In Question and Answer format this book covers methods of nourishing and hydrating the body using an inner energy source produced in the body to free us from our dependence on world's food resources and changing the economic status of our world. [For more](#) ... AU\$3.33 for e-book download.

To Listen:- audio, poetic insights with Jasmuheen - [The Oneness Spark](#); [Breathers of God](#)

To watch:- YouTube videos

- [The Prana Program](#) introduction video to the series on eliminating world hunger. [Part 1](#); [Part 2](#); [Part 3](#); [Part 4](#); [Part 5](#); [Part 6](#); [Part 7](#); [Part 8](#).
- Jasmuheen's [global role](#) with living on light & The Prana Program in [Brazil](#) & [India](#)
- Jasmuheen on [Prana & the World's Resources](#) plus [Resource Sustainability](#); also vegetarianism plus [global resources and pranic living](#); also [Living on Light – the bigger picture](#).
- Jasmuheen on [increasing chi and divine love](#), and eliminating global hunger - filmed in Belgium - filmed with Paul Codde.

To do:-

- Learn how to decrease your dependence on the world's food resources so there is more for others who need this. Read the book '[The Food of Gods](#)' and apply what feels right within it.
- Become an energy giver rather than an energy taker by understanding energy field radiation as covered in the above research manuals.
- Study all the data on Jasmuheen's [Living on Light](#) webpage including [The Bigger Picture](#).

Jasmuheen writes: "I love pranic living because it gives me great freedom! To be fed on such deep levels of my being so that all my hungers disappear, leaving me free to just enjoy our world and all that she contains, is a great gift! The force that loves us enough to give us life is not only loving and wise but it is also the most powerful resource of transformation that any being has access to. It can instantly transform our world if we open the inner plane doors to its well and ask to receive all its gifts and of this I have no doubt. There is no other resource that can do this, that can create the harmonics of unification and peace that many seek and yet this must be experienced to be believed. It is the one energy flow that unifies us all into a common frequency where all hungers disappear; it is the one energy that holds the keys to resolution to all the conflict in our world, no matter how insurmountable the problem may appear."