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Indigenous Insights ...

The focus of many of our Indigenous Elders is on harmonizing our energy rhythms with the Cosmic Heart and Gaia's heart and working together in the web of Oneness and love. With many Elders living in harmony within their world, they have now stepped forth to share a little of their wisdom with the message that we need to be more honoring and take better care of Mother Earth and that unless we do, very hard times will come. They say we still have time to change our ways; that it's not too late to listen and alter our path to create our "All is Well with All!" agenda. Here are some wonderful YouTube Videos and articles that carry insights and messages...

To watch:-

- Videos with Jasmuheen:- The indigenous message regarding 2012 - [2012 Part 1](#); [2012Part 2](#) – insights on global resource misuse.
- Also click [here](#) for our Indigenous Beats Videos with the Kogi and Arhuaco of Colombia.
- A message from the people of Brazil's slums – video [Summary & Solutions – Brazil's Favelas](#).
- Song Message – [Melting Paths](#) – Some paths they are all melting, absorbing me and you. Some paths they are inflaming so strong in what they do. Some paths tend to freeze us as they dispense a stiller hue...
- [Uniting All the Women](#) – Once we did the asking and so the game flowed on, just deeper in its meaning, as we lived the life we longed. At times we'd change the rhythm, to take us through love's door, At times we added rhythms, insights from our core. Tribal music with Kailash Kokopelli.

Audio:- our Shaman and [Doorways & Gatekeepers](#) – channelling specific energy on earth.

To read:-

- PDF [Article Insights Kogi Arhuaco](#) of Colombia – some of my personal experiences. Join me to spread more of their message through our world!
- To find our more regarding Jasmuheen's work in the jungles and favela's of Brazil you may also wish to read "The Bliss of Brazil & The Second Coming". In the heart of the Amazons I found the greatest inner teacher I have ever known, a teacher who took me into levels of understanding and insights that allowed me to come out of the Amazon jungle with a feeling that I had been both disassembled and reborn. I invite you to keep an open mind as you journey with me through the following pages, for many issues will be raised. Two extremes will be looked at deeply – from the sacred, ritualistic use of ancient power plants among the shaman of our world, to the favelas

(slums) of Rio with their drug lords, violence and the aftermath of all that prohibition delivers in such places. While we share the different ways people alter their consciousness to release the natural opiates of the mind, in the final part of this book we assess Global Drug use, startling statistics that show the ineffectiveness of prohibition and offer solutions to it all! Click [here](#) for more. AU\$3.33 for e-book download.

To Do:-

- **We also** have the “[Gaia & Indigenous Connection Meditation](#)” plus our [Love Breath](#) Meditation for you to download and enjoy a deeper connection with mother earth and her caretakers.

Mamo Kuncha of the Arhuaco tribe in Colombia says: “Well... how to think of this... if we were to meet with our brothers and sisters, at the level of the origin, established by our mother, at that level it will be so we settle our spirits, to dialog, to strengthen the continuance of our thoughts; for that the opportunity will have arrived this year. Then, if the great nations, if their spirits, if the ones who are thinking towards the Sierra Nevada could settle down, in this manner at the spiritual level, at the level of the mother, so we could take care of each other and live together, only then the possibilities to understand each other (different cultures) would arise, looking forward the thoughts to never end. Therefore, I will be here in the land of the indigenous people, waiting for the great nations, those who are watching over with their spirits, and those who are taking care of the thoughts ... This is how we think. I only say that.”