

Welcome to the C.I.A. & the EMBASSY OF PEACE



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Relationship Revamps, Happy Hearts & Harmonious Living ...

Our relationships determine the quality of our life. Firstly we have our relationship with our selves, as we discuss in DOW power and self mastery, and also our relationships with others - our family, our friends and our lovers, if we have them. Then we have our relationship with our environment, Mother Earth and her nature, plus the cosmos and all of it is in a state of constant flux. Still, here our goal is to bring out the best in each other which adds to our loving life experience. We can also commit to 'being the best me I can be!' but to do this in harmony with all which requires self mastery. With true self sovereignty we create more mutually nourishing harmonics.

To do this, it helps to have the desire to exist in a mutually enhancing manner with all. We also need to get tuned to perfect channels of inspiration, insight and support. Applying what is recommended on the Our Selves webpage helps as like attracts like, so apply our Luscious Lifestyles Program to have the best relationship with your self and others as L.L.P. enhances our physical, emotional, mental and spiritual health.

As we have shared in our videos on Programming & Mind Mastery – [Part 1](#) and [Part 2](#); programs and mantras are energy field drivers that when applied with will and feeling can change the course of evolution and determine how the quantum field responds to us. Although we cover this in detail in [Peace Path 8 – Success Codes](#), here are a few helpful codes of intention:-

- "Perfect joyous alignment to all fields of mutual enhancement now!"
- Plus "I exist in a state of Divine marriage, within myself and with all others. I connect Divine Self to Divine Self with all, so that all of our sharing is for our highest good."
- "Despite my human frailties, in the matrix of co-creation, I am now blended harmoniously with the perfect systems of mutual enhancement and support. Each moment of my life always unfolds with joy, ease and Grace!"

By applying just what feels right at the Cosmic Internet Academy, you can relax into, and enjoy the path of self mastery as self sovereignty is a necessary layer to it all. Having clarity and vision are also necessary for revamping any relationship. This means having awareness of what dreams we wish to fulfil, in life and with our partner, assessing how to achieve it all while still being flexible, as all good blendings require this.

It also helps to have the understanding that all exists as layers in the matrix, so there is no right or wrong, just different beats or frequency notes. We're either being musical in it all, or off key and a little disruptive, yet all can be retuned via lifestyle changes and attitude shifts. Holding the "loving life is easy when we can blend all our individual layers and so let's move beyond blame games or games of power" attitude, also helps with this.

Good communication is another required access key to "The Fabulous Relationship Realm!" Good communication to voice our vision, plus discussion on the perfect way to blend our dreams together, including what we can all happily contribute to the relationship, this is the what, the how, the why and the when, which makes things flow

smoothly. So we need to discuss it all and then agree to our roles and do it with love and respect for all.

This also needs to be updated as things change so every 3 months check in with each other to see if "all is still well with all!" Or, if you do communicate well so that you have no great unresolved issues, then check in yearly, around your anniversary and do the same thing. Check how is it going for both/all and are there any changes/modifications required? Again discuss and set new roles and changes if/as required.

- Also enjoy the video Diplomats of [Love & Heart Happiness](#);
- plus apply Peace Path 2, 4 and Peace Path 10 below.
- Peace Path 2 - Blessings. The blessings game allows us to close the door to the past and begin a new life chapter in a state of feeling deeply blessed. This is an energy that the universal field of infinite intelligence will then respond to by bringing us even more blessings. [For more on this path](#) plus its insightful program ...
- Peace Path 3 - Space Claiming. Being clear about what we are manifesting and why, also brings great peace as does claiming a way of being that feels right in our hearts, a way that also benefits all. [For more on this path](#) plus its insightful program... Clarity is crucial for refreshing relationships. Audio poem only on [Space Claiming](#).
- Peace Path 4 - Kingdoms, in our paths of peace promotes the awareness of interdependence, that we are all connected and thus we all influence each other by the roles that we play and by the frequencies that we emanate. It is also about conscious co-creations as regal beings. [For more on this path](#) plus its insightful exercises ...
- Peace Path 10 - Love - this path takes the divine marriage reality deeper to look at Sacred Union, Tantra, plus the Hieros Gamos and what it means to be Beloveds. Tantra means Oneness which means merging with that pure and perfect part of ourselves and from there conducting our relationships! [For more on this path](#) ...

Additional song-poem videos of insight by Jasmuheen:-

- [You're In My Heart](#) - You're in my heart, locked in to stay, in this field of love, our destiny lays. My rhythm is yours, it's sweet and fine, your rhythm is love, which is also mine.
- [Sacred Union](#) - Though we, can love, each other, well, to love, all others, brings another spell. With awareness blended, through the weave, all of God's creatures, with love perceive...
- [The Ways of Love](#) - So, as a sister, I would tell, of ebbs and flows, Yes, as a sister, I would share, how, loves, rhythm, goes. Love will come and love will go, leave us wiser for the greeting. Other loves will come and stay awhile, as we grow from each new meeting ...

DOWPower... Self Mastery and Internal Systems of Support - via the Divine One Within us. For health, happiness and harmony and for fulfilling the "Loving life, happy to be here and all is well with all" agenda, we have to acknowledge DOW power - the limitless internal resource of our pure and perfect ascended nature. Without its guidance, love, light and energy we cannot achieve such lofty goals but with it ... there is no limit to what an awakened individual and society can achieve! Falling in love and merging with our Divine essence - the Divine One Within us - is the most amazing journey we can take. Some call our DOW, God as it is all knowing, infinite, eternal and pure love. Aligning to its channel via our lifestyle and bathing in its rhythms is the most nourishing

thing a human being can do as it brings us into a state of self mastery which influences all our relationships.

- Audio insights via poems with Jasmuheen - [I AM Merging](#) - merging with our DOW; plus [The Guru Within](#) - Homage to the DOW; [Shakti's Lover](#) - Shakti is the love aspect of our DOW essence.
 - PowerPoint presentation [Our DOW](#) - The Divine One Within us all.
 - Apply Peace Path 9 - the Guru Within. This path addresses self sovereignty, ascension, enlightenment plus the BEing present in the presence reality of the yogi's "Be here now" wisdom. [For more on this path](#) with its pragmatic guidelines
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